

“RIGHT-SIZE” AND SIMPLIFY YOUR LIFE



RETIRED EMPLOYEES OF CITY OF MESA
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Professional Organizer & Bringer of Calm



Got Chaos? Get Calm. TM

Simple
Organized
Solutions



Top 3 Reasons to Get Organized

Saves you MONEY

Save you TIME

Enhances PEACE of MIND

ORGANIZED IS NOT
A PROJECT.

ORGANIZED IS
A LIFESTYLE.

R¹E¹S¹O¹L²U²T³I¹O¹N¹S¹

Improved health

Get organized

Spend less,
save more

How do you feel when you walk in the door?



TOP 10 GUIDE TO

Downsizing



1. Maintain control – make decisions now
2. Start small
3. Pass on legacy gifts
4. Eliminate rooms you won't have in your new place
5. This new chapter requires thoughts around entertaining, cooking, holiday décor.
6. Pare down collections to your favorite one or two
7. Pack the “keeps”
8. Invite in family, friends, or contact estate sale and/or consignment companies
9. Measure twice, move once
10. Enjoy!



Andrea Brundage, Professional Organizer & Bringer of Calm

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RIGHTSIZING / DOWNSIZING

Andrea's 4 Q's

1. Do you LOVE it?
2. Do you USE it/WEAR it?
3. Does it serve you well?
4. Can it serve someone else better?



Tips

Tackle bite-sized projects

Work during peak energy hours

Let go of guilt around money spent

Get help when you need it



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MODERN DAY EPIDEMIC

THE SYMPTOMS

Clutter, Overwhelm, Stress

THE DIAGNOSIS

Delayed Decision Disorder

THE RX

Stop doing it

IMPORTANT TAKEAWAYS

Your space should support you.

Too much stuff is too much stuff.

There is no magic to tidying up.

Help is available.

Organized is a lifestyle.

HEARTFELT THANKS

